

Health History Questionnaire

Please help us provide you with a complete evaluation by taking time to fill out this questionnaire carefully. All of your answer will be held completely confidential. If you have questions please ask. If there is anything you wish to bring to our attention which is not asked on this form, please note it in the comment section. Thank you.

Name:	Today's Date:
Address:	Phone (Home):
City: State:	Phone (Work):
Zip:	Phone (Cellular):
Age: Sex:	Ht: Wt:
Marital Status:	Occupation:
Place of Birth:	Date of Birth:
Family Physician:	SSN:(optional)
In Emergency Notify:	Phone Number:
Referred By:	Email
Insurance Company:	Policy Number:

Have you tried Acupuncture or Oriental medicine before? _____

Main problem(s) you would like us to help you with: _____
To what extent does this problem interfere with your daily activities (work, sleep, eating, sex)?

Have you been given a diagnosis for this problem? If so, what? _____

What kinds of treatment have you tried? _____

Past medical history (please include dates): _____

Surgeries: _____

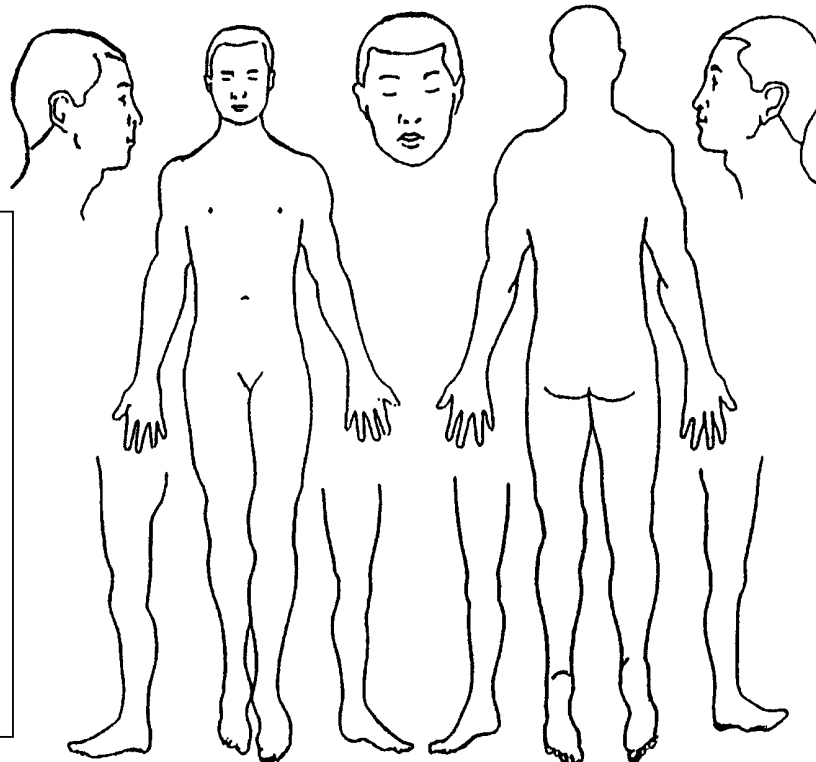
Significant Trauma (auto accidents, falls, etc.): _____

Significant Illnesses: Cancer Diabetes Hepatitis High Blood Pressure Seizures
Heart Disease Rheumatic Fever Thyroid Disease Venereal Diseases Other

Birth History: (prolonged labor, forceps delivery, etc.): _____

Allergies (drugs, chemicals, foods): _____

Indicate painful or distressed areas:



Symbols	
Pain/pressure	X
Swelling	(
Tension	+
Weakness	-
Pulsing	*
Sore	O
Rashes	#
Spasm	→ ←
Temp. Cold	↓
Hot	↑

Please check if you have had (in the last three months):

General

- Poor Appetite
- Chills
- Cravings
- Bleed or Bruise Easily
- Strong Thirst (cold or hot drinks)
- Poor Sleeping
- Night Sweats
- Localized Weakness
- Weight Loss
- Sudden Energy Drop (What time of day?)
- Fatigue
- Sweat Easily
- Poor Balance
- Weight Gain
- Fevers
- Tremors
- Change in Appetite
- Peculiar Tastes or Smells

Musculoskeletal

- Neck Pain
 - Foot/Ankle Pains
 - Muscle Pains
 - Hand/Wrist Pains
 - Knee Pain
 - Shoulder Pain
 - Back Pain
 - Hip Pain
 - Muscle Weakness
- Any other joint or bone problems?

Skin and Hair

- Rashes
 - Dandruff
 - Ulcerations
 - Loss of Hair
 - Hives
 - Recent moles
 - Itching
 - Change in hair or skin texture
 - Eczema
 - Pimples
- Any other hair or skin problems?

Head, Eyes, Ears, Nose, and Throat

- Dizziness
 - Eye Pain
 - Blurry Vision
 - Sinus Problems
 - Facial Pain
 - Headaches (Where and when?)
 - Concussions
 - Poor Vision
 - Earaches
 - Nose Bleeds
 - Sores on Lips or Tongue
 - Migraines
 - Night Blindness
 - Ringing in Ears
 - Recurrent Sore Throats
 - Glasses
 - Color Blindness
 - Poor Hearing
 - Teeth Problems
 - Eye Strain
 - Cataracts
 - Spots in Front of Eyes
 - Grinding Teeth
 - Jaw clicks
- Any other head or neck problems?

Cardiovascular

- High Blood Pressure Low Blood Pressure Chest Pain Irregular Heartbeat
 Dizziness Fainting Cold Hands or Feet Swelling of Hands
 Swelling of Feet Blood Clots Phlebitis Difficulty in Breathing
 Any other heart or blood vessel problems?

Respiratory

- Cough Coughing Blood Asthma Bronchitis Pneumonia
 Pain With a Deep Breath Difficulty in Breathing When Lying Down
 Production of Phlegm (What color?) Any other lung problems?

Gastrointestinal

- Nausea Vomiting Diarrhea Constipation Gas
 Belching Black Stools Blood in Stools Indigestion Bad Breath
 Rectal Pain Hemorrhoids Abdominal Pain or Cramps Chronic Laxative Use
 Any other problems with your stomach or intestines?

Genito-Urinary

- Pain When Urinating Frequent Urination Blood in Urine Urgency to Urinate
 Unable to Hold Urine Kidney Stones Decrease in Flow Impotency
 Sores on Genitals Do you wake up to urinate? How often?
 Any particular color of your urine? Any other problems with your genital or urinary system?

Pregnancy and Gynecology

- ___ Number of Pregnancies ___ Number of Births ___ Premature Births
 ___ Miscarriages ___ Abortions ___ Age at First Menses
 ___ Period Between Menses ___ Duration ___ First Date of Last Menses
 Unusual Character (Heavy or Light) Irregular periods
 Painful Periods Clots Last PAP
 Vaginal Discharge Vaginal Sores Breast Lumps
 Changes in Body/Psyche Prior to Menstruation Menopause (Age: ___)
 Do you use birth control? What type and for how long?

Neuropsychological

- Seizures Dizziness Loss of Balance Areas of Numbness
 Lack of Coordination Poor Memory Concussion Depression
 Anxiety Bad Temper Easily Susceptible to Stress
 Have you ever been treated for emotional problems? Have you ever considered or attempted suicide?
 Any other neurological or psychological problems?

Comments

Please tell us of any other problems you would like to discuss:

PATIENT NAME:

ARBITRATION AGREEMENT

Article 1: Agreement to Arbitrate: It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by state and federal law, and not by a lawsuit or resort to court process except as state and federal law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

Article 2: All Claims Must be Arbitrated: It is also understood that any dispute that does not relate to medical malpractice, including disputes as to whether or not a dispute is subject to arbitration, will also be determined by submission to binding arbitration. It is the intention of the parties that this agreement bind all parties as to all claims, including claims arising out of or relating to treatment or services provided by the health care provider including any heirs or past, present or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving rise to any claim. This agreement is intended to bind the patient and the health care provider and/or other licensed health care providers or preceptorship interns who now or in the future treat the patient while employed by, working or associated with or serving as a back-up for the health care provider, including those working at the health care provider's clinic or office or any other clinic or office whether signatories to this form or not.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the health care provider, and/or the health care provider's associates, association, corporation, partnership, employees, agents and estate, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress, injunctive relief, or punitive damages.

Article 3: Procedures and Applicable Law: A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days thereafter. The neutral arbitrator shall then be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees, witness fees, or other expenses incurred by a party for such party's own benefit.

Either party shall have the absolute right to bifurcate the issues of liability and damage upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that provisions of state and federal law, where applicable, establishing the right to introduce evidence of any amount payable as a benefit to the patient to the maximum extent permitted by law, limiting the right to recover non-economic losses, and the right to have a judgment for future damages conformed to periodic payments, shall apply to disputes within this Arbitration Agreement. The parties further agree that the Commercial Arbitration Rules of the American Arbitration Association shall govern any arbitration conducted pursuant to this Arbitration Agreement.

Article 4: General Provision: All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable legal statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence.

Article 5: Revocation: This agreement may be revoked by written notice delivered to the health care provider within 30 days of signature and if not revoked will govern all professional services received by the patient and all other disputes between the parties.

Article 6: Retroactive Effect: If patient intends this agreement to cover services rendered before the date it is signed (for example, emergency treatment) patient should initial here. _____. Effective as of the date of first professional services.

If any provision of this Arbitration Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT, YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION, AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

(Date)

PATIENT SIGNATURE X
(Or Patient Representative)

(Indicate relationship if signing for patient)

(Date)

OFFICE SIGNATURE X

ALSO SIGN THE INFORMED CONSENT ON REVERSE SIDE

ACUPUNCTURE INFORMED CONSENT TO TREAT

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or on the patient named below, for whom I am legally responsible) by the acupuncturist indicated below and/or other licensed acupuncturists who now or in the future treat me while employed by, working or associated with or serving as back-up for the acupuncturist named below, including those working at the clinic or office listed below or any other office or clinic, whether signatories to this form or not.

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, Tui-Na (Chinese massage), Chinese herbal medicine, and nutritional counseling. I understand that the herbs may need to be prepared and the teas consumed according to the instructions provided orally and in writing. The herbs may be an unpleasant smell or taste. I will immediately notify a member of the clinical staff of any unanticipated or unpleasant effects associated with the consumption of the herbs.

I have been informed that acupuncture is a generally safe method of treatment, but that it may have some side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and dizziness or fainting. Burns and/or scarring are a potential risk of moxibustion and cupping, or when treatment involves the use of heat lamps. Bruising is a common side effect of cupping. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage and organ puncture, including lung puncture, (pneumothorax). Infection is another possible risk, although the clinic uses sterile disposable needles and maintains a clean and safe environment.

I understand that while this document describes the major risks of treatment, other side effects and risks may occur. The herbs and nutritional supplements (which are from plant, animal and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. I understand that some herbs may be inappropriate during pregnancy. Some possible side effects of taking herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives, and tingling of the tongue. I will notify a clinical staff member who is caring for me if I am or become pregnant.

I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment, and I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks at the time, based upon the facts then known is in my best interest. I understand that results are not guaranteed.

I understand the clinical and administrative staff may review my patient records and lab reports, but all my records will be kept confidential and will not be released without my written consent.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

ACUPUNCTURIST NAME:

PATIENT SIGNATURE	X	(Date)
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(Or Patient Representative)

(Indicate relationship if signing for patient)

ALSO SIGN THE ARBITRATION AGREEMENT ON REVERSE SIDE